

GRIMES MAGAZINE - FEBRUARY - ISSUE 12



*Claudi
Gonzalez*

**SPOTLIGHT PICK BY
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**MODEL / TV HOST /
PRODUCER**

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Q&A WITH CLAUDIA GONZALEZ

Tell me about yourself? Gosh...Is so hard to talk about oneself, in general, from the get go... Let's leave this question to the End and if after all the other answers to questions , still I haven't talk enough about myself, we can revisit!

Highlights: International TV Host & Producer , Writer, Dirct. Model, Eco-defender, Sustainable and Green-Living Lifestyle consult. , Science of Plant-based Nutrition, Eco- Design , Holistic Entrepreneur .

Tell me about your work? In regards to my profession , I feel so fortunate that, since I was a teenager that I started my career through Modeling, work it's been one of my passions. You see, I'm from a little Spanish island in the middle of the Atlantic by the coast of Africa and I was able to pursue dreams and ambitions, to travel the world, discover far away Lands and live among other cultures . So at the end that will resume what as a Little girl I was mesmerized by while reading books and watching movies.My field of work has shape in a way, the adult that I'm and has given me opportunities to discover the world and meet people unimaginable and incredible, making me truly feel like a citizen of the world, and that is beautiful, specially in these moments that we need to be more united and emphatic with each other than ever...and create a joint conscience about the sustainability of the Planet. Through Television on the other hand , after I transitioned from modeling into hosting, I found my voice. I truly found the perfect fit! I always say That as much as I love fashion and being a Model it always felt limited being a model from the creative point of view, Is a Mute media for a model, where everybody else is creating you but You. For me TV was like transitioning from Silent films to Sound Films... especially when you are a chatty, cheerful , full of thoughts young woman ready to share and collaborate!

What motivates you to work hard? To be able to help , educate and create awareness, somehow ,even if is just one person that saw you or worked with you and you touched them in any way to make their life a little bit better...no matter whether is a TV show , a personal enterprise like opening a Plant-Based Café in LA or building an Eco-retreat in the Island... that is the beauty.

What are some of your accomplishments so far? Ufff another though one! For sure finding Love and a partner in crime is at the top of the Life achievements ! As well as finding a calling on how you want to live your life, to get that clarity and let go of what the Ego wants mostly could be very difficult in our industry surroundings, especially in Hollywood . Building a home from scratch in LA and opening and creating the Plant-based Café concept in LA with hubby, and now a Health & wellness retreat in the island.

Being able to work in multiple languages on international TV channels and platforms around the world, Being Nominated to the Emmy on my first show in the US ' 22 minutes'... Having lived in a bunch of incredible Cities of the world like Tokyo, NY, London, Madrid , Milan , LA , Miami , Barcelona... Travelled to all continents . Having worked and met in the 90's an incredible bunch of Top Designers , Magazines, photographers, Fashion was truly something in the 90's I feel grateful to have experienced that decade! Interviewed one on one fascinating Talents... over the past 18 years from the Music, Film ,Sports and Art world. And I guess an unexpected achievement that people won't mostly know is that I have a Science of Plant-based Nutrition Diploma from Cornell University.

What is your favorite thing about your career? The Access that has given me deep knowledge and information from people and places in All walks of life and the possibility of reaching People around the world, sometimes very inaccessible important persons .Travel to dreamy destinations and not so dreamy where you are face with the realities of the world and planet ... A sense that everything is possible... I always say when they tell you that something is Impossible means that they either don't know how to do it or don't want to... but there is definitely a way out there waiting for you to discover it. The fact that you can grow old being a TV host , journalist, reporter ...

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How would your friends describe you? For this one , I literally messaged some good old friends around the world to answer! (You can only hope your friends cherish you but I'll never take anything for granted..! and their quick answers brought tears of Joy) These are a few words from them that kept coinciding, no bragging! you can pick the ones you like the most LOL : A ray of Light, Sunshine that brightens every room even on a rainy day, Beautiful and beautiful Soul inside & Out, Radiant ,Pure, Positive,Kind, Free Spirit,Passionate,Confident,Creative,Hardworking and Talented, beyond humble, Loving, Fun ,Thoughtful, A very good caring wonderful friend , trend-setter, very intelligent . Charismatic & very conscious about the human & planet wellbeing, trustful and an incredible human being.

What are your hobbies? This is always been quite hard to answer... since I'm like a butterfly, in the sense that I love too many things and I'm always ready to jump into something new ... Also through the years I've made, I guess what other people will call 'Hobbies' part of my everyday Lifestyle ...long walks in Nature keep me grounded and creative, swimming in the Ocean is definitely one of my favorite things to Do,it makes me so happy! I'm such an Island girl to the Core...Music, music, music, I can't conceive Life without a soundtrack , I love to continuously discover music from around the world. Travel is another passion, I always saw myself as a Nomad... Design of any kind: Fashion , Architecture ,Interior design,Graphic design...Art & Design just makes the world so much more beautiful...

What is your favorite game or sport to watch and play? Any thing with the word Play in front is welcome! Could Dancing be a game?! hahahahaha Anything active and if is outdoors even better, I've never been one to sit and watch...LOL

If you could choose to do anything for a day, what would it be? I will probably need at least 2! LOL.Fly? I guess if it was possible go to Outer Space , see Earth, the planets , the Universe ...and come back!

What's your favorite food? Plant-based All the way! no matter what type of cuisine , Ethiopian, Japanese, Italian, Spanish...you name it, and Dark Chocolate?

What celebrity would you like to meet at Starbucks for a cup of coffee? I don't drink Coffee per say, but Bob Marley would have been pretty incredible or Does the Dalai Lama drink Coffee, we will probably drink Tea or Hot Chocolate!



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